High Performance Teamwork: Psychological Capital



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Course Description:

This course is designed to enhance participants' abilities to improve team and organizational performance through the development of psychological resources of hope, efficacy, resilience, and optimism (psychological capital).

Participants will examine the benefits of building psychological strengths while clearing up misconceptions about weakness. Participants will also walk away with tools they can immediately put to use in the workplace. Topics covered include:

- Operational and organizational stressors
- Job burnout and officer safety
- The effects of job demands and resources
- Strategies for developing psychological capital

Date:

Tuesday, July 2, 2024 1:00 p.m. – 5:00 p.m.

Location:

Regional Center for Public Safety Excellence 3901 S. Cage Blvd. Pharr, TX 78577

Instructor:

Jason Childers, PhD jason@poliassolutions.com 361-562-1991 (cell)

Cost:

\$75 if registering for this course only, or \$120 for this course and Suspect Statements: Enhancing Courtroom Admissibility

This course is eligible for 4 hours TCOLE credit (#6046)

Participants can pre-register and pay through the link or QR code:

https://bit.ly/444ALID (email the instructor for other options)



^{*}This course is one of two courses offered by the instructor on July 2nd. Participants registering for both courses will receive the discounted price of \$120.